



Orlando Ballet
presents
Rumpelstiltskin

**October 8 - 9 - 11 - 12, 2007
at Bob Carr Performing Arts Centre
OCPS Music Field Trip for Second Grade**

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Teacher Resource Guide created by Lynn Schroeder

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A Message from Orlando Ballet . . .

I hope that second grade students and teachers will enjoy their annual field trip to a performance by **Orlando Ballet**. The presentation for 2007-08 will be the story ballet *Rumpelstiltskin*. The ballet is based on the traditional Grimm's fairy tale, and will be performed to a musical score by the French Baroque composer **Francois Couperin**. As the Director of Orlando Ballet School, I created the choreography and helped train the dancers for this performance. I look forward to sharing more with you about the skill, discipline and artistry of ballet in our demonstration at the beginning of the program.



*Peter Stark
Director, Orlando Ballet School*

What To Expect at the Ballet

- When planning for this field trip, be sure to **consult your school administrators** and OCPS Fine Arts department staff for procedures on scheduling dates and departure times, ordering school buses, sending permission form letters to parents, making arrangements for student lunch times, and directions to Bob Carr.
- When your school arrives at the theater, **follow instructions from the ushers** and other staff members who will help get 1900 students and teachers seated in the audience in a safe and orderly manner.
- When the program begins, there will be a short demonstration with dancers showing how they train in class to be ready to dance in performance. **Be ready to look, listen, and participate** as instructed by the director on stage.
- When the *Rumpelstiltskin* performance begins, students should use their best manners for listening. See the theater etiquette guide below.
- **Preparation is essential** for second grade students (and their classroom teachers) to have an enjoyable and meaningful experience on this field trip. Students need to know the story and understand the basics of what ballet looks like and how dancers perform before they attend the program.
- Plan to say **THANK YOU**: After the performance, students may send letters and drawings to *Orlando Ballet* (address on cover page). One teacher from each school **must complete the United Arts evaluation form** attached to this guide. Teachers may also want to share student work with school and district administrators, school board members, and United Arts of Central Florida to show appreciation for their support of this live arts experience.

Theater Etiquette for Second Grade

1. Please sit quietly, listen and watch the action onstage.
2. Please do not make noises or movements that would distract others in the audience.
3. Please do not clap along with the beat of the music, as this will distract the dancers.

4. **Please do NOT laugh or giggle when you see the dancers in costume.** These special clothes help them to dance well, and add to the drama and style of the story.
5. Please **applaud** to show your appreciation, but do not whistle, shout or stomp.
6. Please hold your applause until the end of a section of the ballet. Applaud individual dancers or groups as they enter or exit the stage. Applaud when dancers face the audience and take a bow.
7. Kindly do not kick the chair of the person sitting in front of you.

Lesson Plan Outline

Students will attend the ballet performance in October, and the amount of time available to prepare students will vary with individual school schedules. Music teachers will want to share information from this packet with second grade classroom teachers, to involve them in preparation and follow-up. **Classroom teachers may especially be helpful with:**

- reading the fairy tale
- discussing how a story is presented on stage with scenery, costumes, etc.
- reviewing appropriate audience behavior

When planning ballet lessons, music teachers should incorporate material from these three sections of the teacher guide: **Ballet Basics • Rumpelstiltskin Fairy Tale •**

About the Music. A typical lesson outline might include:

- 1) look at the picture page, guess the name of the fairy tale
- 2) look at ballet visuals, have students try the ballet feet and arm positions
- 3) listen to a music track as the teacher shows fairy tale pictures, students practice sitting quietly, thinking about how the dancers would move; follow with discussion
- 4) while listening to a music track, students **improvise** movement for a designated character or action in the story